CAFETERIA CONNECTION Connecting you to your

Connecting you to your child's school lunchroom



SCHOOL'S OUT & FREE SUMMER MEALS ARE IN!

As summer begins, you and your family are more than likely changing up your usual school year routines. Activities, sports and summer camps take the place of school. Kids' sleep schedules probably shift: later bedtimes and the opportunity to sleep in. Maybe you're planning to finally take that family getaway?

One routine that doesn't need to change is your child's access to regular, healthy meals. **Help us spread the word** that when school's out, free summer meals for kids are in!

That's right, our school is one of many schools and nonprofit organizations nationwide providing free summer meals to all kids 18 and under throughout the summer. The USDA funds these meals to ensure kids and teens have access to meals during June, July and August at no charge to families regardless of income.

WHAT DO I NEED TO KNOW?

- No application or proof of income necessary.
- Free for all kids and teens 18 and under.
- Simply show up at our location during our site's hours of operation for a free meal. See Site Details box for more information.

Please help us spread the word! Tell your family, friends and neighbors about this awesome opportunity!

SITE DETAILS:

DO YOUR SUMMER PLANS INCLUDE TRAVEL? FIND OTHER U.S. MEAL SITES:

Text: "summer meals" (o "verano")

to 914-342-7744

Scan:



CKCGood Food

Nourishing bodies, minds and cultures.™